HEALTHCARE

♀ BRINGING IT

NILSY RAPALO
WELLNESS DIRECTOR
CIRCULOS DE BIENESTAR, LLC

A Hispanic leader who empowers and inspires local and global community, Nilsy is a trainer, coach, and organizer of community wellness events. She also produces a podcast and writes about wellness for newspaper El Informador and serves as a therapist for the Department of Health. She has authored a self-help book for the Spanish-speaking community and research papers on infertility issues and domestic violence.

KEY ISSUES

1. Equitable, eco-friendly wellness and self-care activities

2. Community activities to support minority women’s families, businesses