

# HEALTHCARE

## BRINGING IT



### **NILSY RAPALO**

WELLNESS DIRECTOR

CIRCULOS DE BIENESTAR, LLC

A Hispanic leader who empowers and inspires local and global community, Nilsy is a trainer, coach, and organizer of community wellness events. She also produces a podcast and writes about wellness for newspaper El Informador and serves as a therapist for the Department of Mental Health. She has authored a self-help book for the Spanish-speaking community and research papers on infertility issues and domestic violence.

Nilsy is a founding board member of the Hispanic Business Association and a member of both the City of Charleston's Latinx Advisory Board and M&WBE Advisory Committee, the Congreso Hispanopanoamericano de Negocios, South Carolina Community Loan Fund, New Visionary Women Exchange Club, and Commission for Minority Affairs. She has received multiple honors, most recently the Founders Trident Literacy Award. She holds a master's degree in psychology from Colombia's Universidad del Norte.

## KEY ISSUES

- 1** Equitable, eco-friendly wellness and self-care activities
- 2** Community activities to support minority women's families, businesses